

Hygiene

- Toothbrush and toothpaste
- Hairbrush or comb
- Shampoo and conditioner
- Body wash or soap
- Deodorant
- Facial cleanser
- Towels (bath and hand)
- Washcloths
- feminine products (if applicable)
- Shaving supplies (if applicable)
- Hand sanitizer
- Lip balm

Clothing

- Underwear (enough for each day plus a few extra pairs)
- Socks (enough for each day plus a few extra pairs)
- T-shirts (one for each day plus a couple of extras)
- Shorts (one for each day plus a couple of extras)
- Long pants (a few pairs in case of cooler weather)
- Sweatshirts or light jackets (for cool evenings)
- Pajamas or sleepwear
- SWimsuit
- Swim towel
- Sun hat or cap
- Comfortable sneakers or closed-toe shoes
- Flip-flops or water shoes (for showers or swimming)
- Laundry bag (for dirty clothes)
- Christmas Socks
- Red or green shirt
- Christmas headgear, necklace, or whatever is Christmas

Medication

- Prescription medications (in original containers with clear instructions)
- Medical devices or aids (e.g., inhalers, EpiPens, glucose monitors)

Other Essentials

- Reusable water bottle
- Flashlight
- Insect repellent
- Sleeping bag or twin sheets
- Pillow
- Favorite stuffed animal or comfort item
- Bible
- Money for camp store

It's important to label all items with the camper's name to prevent loss and ensure that camp staff can easily identify personal belongings.